

CHOOSE ONE OF OUR FAVOURITES



BEEF

Slow Cooked Beef, Noodles, Avocado, Cucumber, Carrot, Radish, Edamame, Red Cabbage, Onion, Mint, Coriander, Crisp Shallots, Honey Soy

- S \$17.50**
- M \$21.50**
- L \$24.50**



CHICKEN

Chicken Breast, Mixed Lettuce, Quinoa, Avocado, Cucumber, Carrot, Tomato, Onion, Mint, Coconut, Sesame Seeds, Tamari, Sesame Mayo

- S \$17.50**
- M \$21.50**
- L \$24.50**



SALMON

Sashimi Grade Salmon, Rice, Avocado, Cucumber, Edamame, Spring Onions, Pickled Ginger, Nori, Sesame Seeds, Ponzu, Coconut-Lime

- S \$20.50**
- M \$24.50**
- L \$27.50**



TUNA

Sashimi Grade Tuna, Rice, Avocado, Cucumber, Edamame, Red Cabbage, Radish, Spring Onions, Mint, Sesame Seeds, Tamari Lime, Coconut-Lime

- S \$20.50**
- M \$24.50**
- L \$27.50**

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TOFU

Terryaki Tofu, Rice, Avocado, Cucumber, Carrot, Edamame, Red Cabbage, Pickled Ginger, Sesame Seeds, Crispy Shallots, Nori, Honey Soy, Tamari Lime

S \$16.50

M \$20.50

L \$23.50



MEDITTERANEAN

Choose Beef/Chicken/Falafel, Rice, Avocado, Edamame, Tomatoes, Spring Onion, Mint, Coriander, Sesame Seeds, Coco-Lime, Sesame Mayo

S \$17.50

M \$21.50

L \$24.50



KARAAGE

Karaage Chicken, Rice, Avocado, Carrot, Red Cabbage, Onion, Pickled Ginger, Mint, Sesame Seeds, Honey Soy, Sesame Mayo

S \$18.50

M \$22.50

L \$25.50



FALAFEL

Beetroot Falafel, Rice, Avocado, Cucumber, Red Cabbage, Tomato, Radish, Spring Onion, Mint, Pickled Ginger, Sesame Seeds, Sesame Mayo, Tamari

S \$17.50

M \$21.50

L \$24.50

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SMOOTHIES



**TROPICAL
LOVE**

MANGO, PINEAPPLE, BANANA,
PASSIONFRUIT, DATES, COCONUT
WATER

\$12



**GREEN
DETOX**

CELERY, CUCUMBER, GREEN
APPLE, KALE, PINEAPPLE, MINT,
LIME & COCONUT WATER

\$12



**BERRY
GOOD**

MIXED BERRIES, BANANA, DATES,
COCONUT WATER

\$12



**CHOCO
NANA**

BANANA, CACAO, PEANUT BUTTER,
DATES, COCONUT WATER

\$12



**FRESH
LEMONADE**

NATURALLY SWEETENED FRESHLY
SQUEEZED LEMONADE

\$9



**BUTTERFLY
LEMON TEA**

FRESHLY SQUEEZED LEMONADE
WITH BUTTERFLY PEA TEA, FULL OF
ANTIOXIDANTS

\$10



**STRAWBERRY
MATCHA**

ICED GREEN MATCHA WITH
NATURALLY SWEETENED
STRAWBERRY PUREE

\$10



**EARL GREY
MATCHA**

ICED GREEN MATCHA WITH
NATURALLY SWEETENED EARL
GREY TEA

\$10

BUILD YOUR OWN

PICK A BOWL:  **S** \$13.50 |  **R** \$16.50 |  **L** \$20.50

STEP-1	STEP-2	STEP-3	STEP-4	STEP-5
PICK YOUR BASE	LOAD UP YOUR BOWL	PICK YOUR PROTEIN	PICK YOUR CRUNCH	DRESS WITH FLAVOUR
<ul style="list-style-type: none">• Rice• Noodles• Mixed Lettuce• Quinoa	<div><ul style="list-style-type: none">• Avocado (\$2.5)• Cucumber• Carrot• Edamame Beans• Cherry Tomato• Radish• Red Cabbage• Bean Sprouts• Pickled Ginger• Onion• Spring Onion• Green Chilli• Mint• Coriander<ul style="list-style-type: none">• Cheese (+\$2)• Seaweed Salad (+\$1)</div>	<ul style="list-style-type: none">• Salmon (+\$6)• Tuna (+\$6)• Beef (+\$3.50)• Chicken (+\$3.50)• Kaarage Chicken (+\$4)• Tofu (+\$2)• Falafel (+\$3)	<ul style="list-style-type: none">• Roasted Nori• Sesame Seeds• Crisp Shallots• Coconut• Silvered Almonds• Chilli Flakes	<ul style="list-style-type: none">• Ponzu• Tamari• Tamari Lime• Sesame Mayo• Honey Soy• Coconut & Lime• Chilli Mayo• Chilli• Lemon & Olive Oil