



CHOOSE ONE OF OUR FAVOURITES

BOWLS

- Chicken** Mixed lettuce, quinoa, cucumber, carrot, avocado, cherry tomato, onion, mint, Tamari & Sesame Mayo
S \$15.90
M \$19.90
L \$22.90
- Beef** Noodles, cucumber, carrot, avocado, radish, edamame beans, onion, mint, coriander, crisp shallots, Chilli & Honey soy
S \$15.90
M \$19.90
L \$22.90
- Salmon** Rice, Cucumber, avocado, edamame beans, spring onions, pickled ginger, nori, sesame seeds, Ponzu & Coconut-Lime
S \$18.90
M \$22.90
L \$25.90
- Tofu** Rice, cucumber, carrot, avocado, edamame beans, red cabbage, pickled ginger, crisp shallots, nori, sesame seeds & Honey Soy
S \$14.90
M \$18.90
L \$21.90

WRAPS

- Beef** Mixed lettuce, cucumber, avocado, onion, radish, edamame beans, sesame seeds, crisp shallots & honey soy
\$13.90
- Chicken** Mixed lettuce, cucumber, carrot, avocado, red cabbage, onion, mint, sesame seeds, sesame mayo & chilli mayo.
\$13.90
- Salmon** Salmon dipped in ponzu, rice, cucumber, avocado, onion, edamame beans, pickled ginger, nori, sesame seeds & sesame mayo.
\$16.90



OR BUILD YOUR OWN

PICK A BOWL

Small	\$11.90
Regular	\$14.90
Large	\$18.90

STEP 1

START WITH A BASE

- Rice
- Mixed lettuce
- Noodles
- Quinoa

STEP 2

LOAD UP YOUR BOWL

- Avocado (+\$2.50)
- Red Cabbage
- Cucumber
- Green Chilli
- Carrot
- Spring Onion
- Onion
- Bean Sprouts
- Cherry tomato
- Coriander
- Radish
- Mint
- Edamame Beans
- Basil

STEP 3

PICK YOUR PROTEIN

- Tofu (+\$2)
- Lean Beef (+\$3)
- Chicken Breast (+\$3)
- Salmon (+\$6)
- Seasonal Fish (+\$6)



STEP 4

ADD SOME CRUNCH

- Coconut
- Pickled Ginger
- Crisp shallots
- Lemon Wedges
- Roasted Nori
- Slivered almonds
- Sesame seeds
- Chilli flakes

STEP 5

DRESS WITH FLAVOUR

- Sesame Mayo
- Coconut & Lime
- Lemon & Olive Oil
- Chilli
- Ponzu
- Chilli Mayo
- Tamari
- Honey Soy